

BRAINSTORMING MY QUILTING GOALS



What's important to me about quilting?

Examples: friendships, self-expression, volunteer work, etc.

What obstacles do I face in my quilting life?

Examples: lack of time, short on cash, not enough space

What resources, knowledge, and/or skills do I need?

Examples: how to quilt on my home machine, better tools, how to enter quilts in shows

Who can I depend on to help me along the way?

Examples: local quilt shop, family members, online friends, quilt guild

SETTING A SMART QUILTING GOAL

Specific

Describe the goal.

Example: I want to finish 2025 with no Unfinished Objects.

Measurable

How can I track my progress?

Example: I will inventory my UFOs monthly and plan accordingly.

Achievable

Who will help me?

Example: The UFO Prevention Society and my guild's Community Outreach.

Relevant

What skills and resources do I need to achieve this goal?

Example: I need to learn easy quilting motifs to finish the many tops, and find places to donate the quilts.

Time-Bound

Choose dates to check on my progress.

Example: I've written "review UFOs" on the second Saturday of every month in my 2025 calendar.